



presents:

NEW BODY, NEW LIFE



Mastering Weight Loss by Learning to Identify and Address Individual Biomarkers

As we embark upon a glorious SPRING, patients are once again planning to shape up their diets and stick to their exercise programs in yet another effort to lose weight and get healthy.

The reason that so many of the best intentions to lose weight end up going by the way side is not always because of lack of self-control and continuing to eat too much. The fact is, **not every weight loss program works for everyone!** That's why there are so many of them! What most of the faddish weight loss programs fail to address is ***biochemical individuality*** and the underlying biomarkers of health that may be hindering even the most committed weight loss efforts.

Functional medicine practitioner, Dr. Ryan Bentley, has been extremely successful in his practice in helping patients dramatically lose weight and improve their overall health. Dr. Bentley will share the methods of diagnosis and treatment that has led to his tremendous success in the area of weight loss. His methods are truly unique and effective, and **seek to address the unique challenges of the individual, rather than promoting a cookie-cutter program.**

Location for your convenience: **6PM-9PM** with a healthy Dinner

Thursday, November 4th

River's Edge at the St. Joseph Center

3430 Rocky River Drive

Cleveland, OH 44111

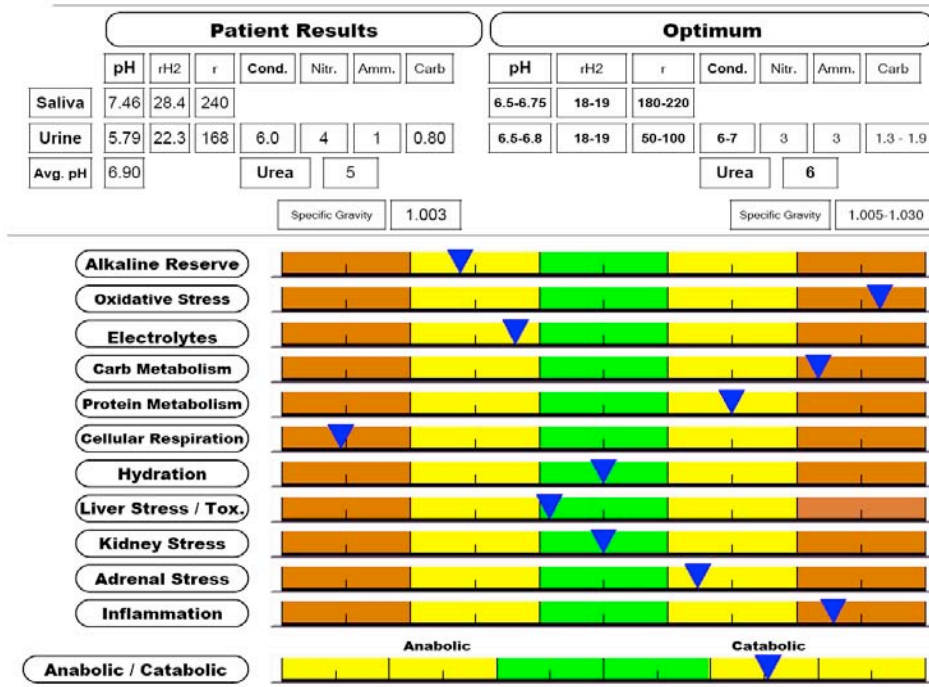
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IN THIS WORKSHOP, YOU WILL LEARN:

- The Law of Thermogenesis and the effect of certain foods on thermogenics.
- The role of Leptin.
- The consequences of toxicity and how nutrient-tailored detoxification can boost weight loss efforts.
- The negative effects of hyperinsulinemia on body composition.
- Adrenal stress and how it promotes weight gain.
- Learning to identify various other important biomarkers such as cellular respiration, protein metabolism, and numerous others, and how to correlate findings with appropriate protocols.

Dr. Bentley will also share specific strategies that have helped him and others to achieve maximized patient compliance and greatly improved clinical outcomes upon the implementation of a diagnostic method called Functional Medicine Assessment (FMA). This method of evaluation allows practitioners to pinpoint specific biochemical burdens and provide insight in how to tailor protocols to the precise needs of the individual.

Sample of Functional Medicine Assessment (FMA) test report and the various biomarkers.



About The Presenter



Dr. Ryan Bentley attended Indiana University where he received his bachelor's degree in biology. Dr. Bentley received a second bachelor's degree in human biology and his doctorate of chiropractic from the National University of Health Sciences (Lombard, IL) in 2002, graduating cum laude.

While working to complete his doctorate of chiropractic, Dr. Bentley completed two fellowships in the department of anatomy at the National University of Health Sciences. He has also taught as a professor of anatomy and physiology at the College of Dupage (Wheaton, IL) and the Chicago School of Massage Therapy.

Dr. Bentley maintained a private practice in Bloomington, IN for 8 years where he practiced chiropractic, physiotherapy, rehabilitation and functional medicine, while also working as a physician with Indiana University's track and field athletes. He has since gone on to co-found **The Wellness Prescription**, a functional medicine training program for physicians.

Tuition:

\$59.00 early bird (by 10/22/10)

\$69 after 10/22/10

A healthy Dinner will be served. Syllabus included.

To Register,

www.wellnessprescription.net/doctors

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